



# WELL DONE, MUMMY PENGUIN

EDUCATION RESOURCE PACK

DESIGNED TO BRING  
**CREATIVITY, WONDER AND JOY**  
to the EYFS and KS1 Curriculum



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CAN'T  
*sit* STILL

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## WHO IS CHRIS HAUGHTON?

Chris Haughton is an Irish designer and illustrator and the acclaimed picture book author of favourites *A Bit Lost*, *Ssh! We Have a Plan*, *Goodnight Everyone*, *Oh No, George!* and many more.

*Well Done, Mummy Penguin* was published in October 2022. Originally from Dublin, Chris Haughton now lives in London. Find Chris online at [ChrisHaughton.com](http://ChrisHaughton.com) or on Instagram as @ChrisHaughton



## WHO IS CAN'T SIT STILL?

Can't Sit Still is a theatre company that has now had the joy of turning two of Chris Haughton's books into stage productions. The first show was an adaptation of *Oh No, George!* which brought music, circus and joy to young audiences across the UK. Feel like you've missed out? Don't despair! Head to their website to find the digital version, *What Will George Do?* This is an interactive digital show which you can watch and enjoy for free, wherever you are.

You can find this, discover more of the company's work and get involved by searching [CantSitStill.org](http://CantSitStill.org) or @Cant\_Sit\_Still\_Theatre on Instagram.



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# HOW TO USE THIS EDUCATION RESOURCE PACK

You'll find this resource jam-packed full of creative ways to explore *Well Done, Mummy Penguin* at home, at nursery or at school. This has been designed and inspired by the theatre production of Chris Haughton's book, but **you can do any of the activities before or after seeing the show.**

The activities you'll find are **designed with children in Pre-School, Reception, and Key Stage 1** in mind by Lucy Kingsley, a teacher who specializes in Early Years and KS1. You'll see we've highlighted where these activities meet the **Statutory Requirements of the EYFS and the KS1 National Curriculum.** You might find that by following the children's interests and lines of enquiry, you'll be able to meet even more curriculum requirements than we've listed here, so please do let the children take control of their learning and show you where their curiosities take them.

On each activity page, you'll find a list of **WHAT YOU NEED**, an **INVITATION** and a list of **QUESTIONS**.

**WHAT YOU NEED:** We share with you the minimal amount of equipment required to complete the activity, but you might find that you want to supplement this.

**INVITATION:** This is the "what to do" part, presented as an invitation. This is because we want you to feel confident to **take this idea and tweak it according to your needs and interests**, and the needs and interests of the magnificent children you're working with. You might find our invitation is a perfect fit, or you might find that it's a good starting point from which to develop an activity.

**QUESTIONS:** These are things that **you might like to ask the children** as you're beginning the activity or once they've begun their brilliant work. These are just a starting point; we anticipate **you and your children will find many more important questions to wonder about together.**



# DON'T SIT STILL DRAWING

**EYFS:** Physical Development &  
Expressive Arts & Design

**KS1:** Art & Design

Have you noticed how much Mummy Penguin moves around in the story? She slides, swims, jumps, waves, dives, leaps, bumps, climbs, slips, tiptoes, falls and cuddles! She does all of these things in pursuit of dinner.



## WHAT YOU NEED

Clipboard

Paper

Pencil



## **EYFS & KS1 INVITATION**

Can you draw Mummy Penguin whilst moving like her? Take your clipboard and pencil and draw whilst you're on the move. You could draw and jump, draw and wave or even draw and tiptoe!

## **KS1 DEVELOPMENT – ART & DESIGN**


Try different mark-making materials and notice how your drawing changes. Draw on a variety of sizes of paper.




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## **EYFS QUESTIONS**

 What happens to your lines when you jump?

 Do you have control over your pencil when you tiptoe?

## **KS1 QUESTIONS**

 What happens if you use your non-dominant hand?

 What happens when you close your eyes?

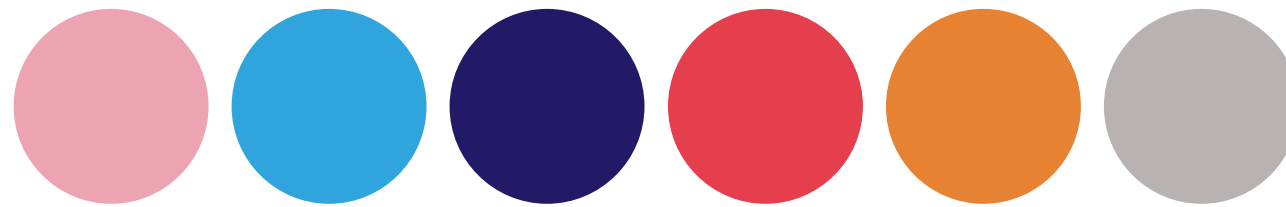


# PAINTING WITH A COLOUR PALETTE

**EYFS:** Physical Development & Expressive Arts & Design

**KS1:** Art & Design, Design & Technology

Chris Haughton has used a specific colour palette in the book, which is reflected in the show. This means the colours you see have been chosen carefully, and some colours you are familiar with can't be found. This is an important part of visual storytelling. You can see the colour palette below.



## WHAT YOU NEED

Paper

Paints in a similar colour palette to the one above

### **EYFS & KS1 INVITATION**


Mix paints together to match the colour palette in *Well Done, Mummy Penguin*. Use the colours in a painting of a backdrop for the show.


### **KS1 DEVELOPMENT – DESIGN & TECHNOLOGY**

Make a model of the stage and the set in the show and then paint it using your brilliant colour palette.





## EYFS QUESTIONS

 Which colours can you mix together to make the colours you need?

 What happens to colours when you add white?

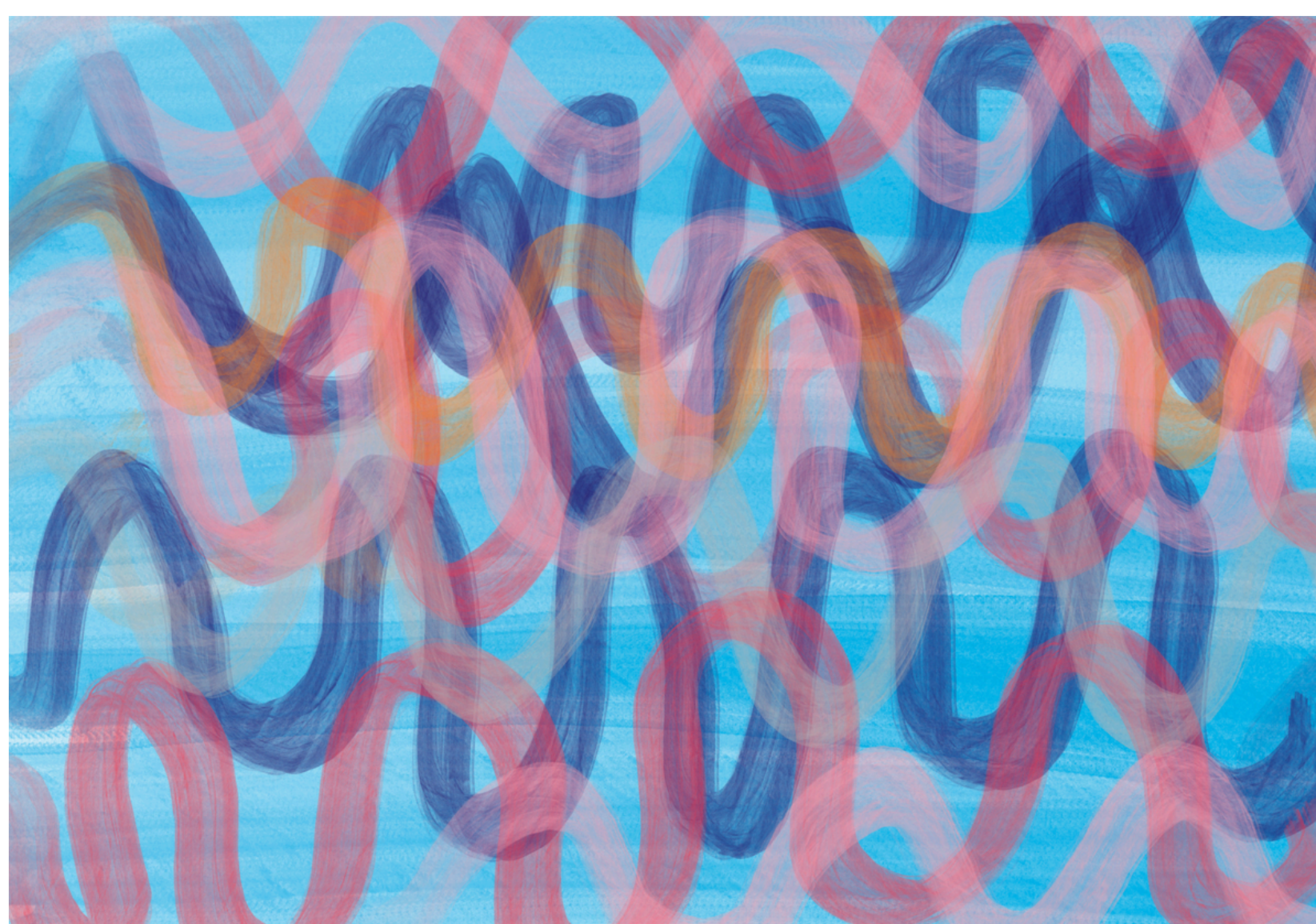
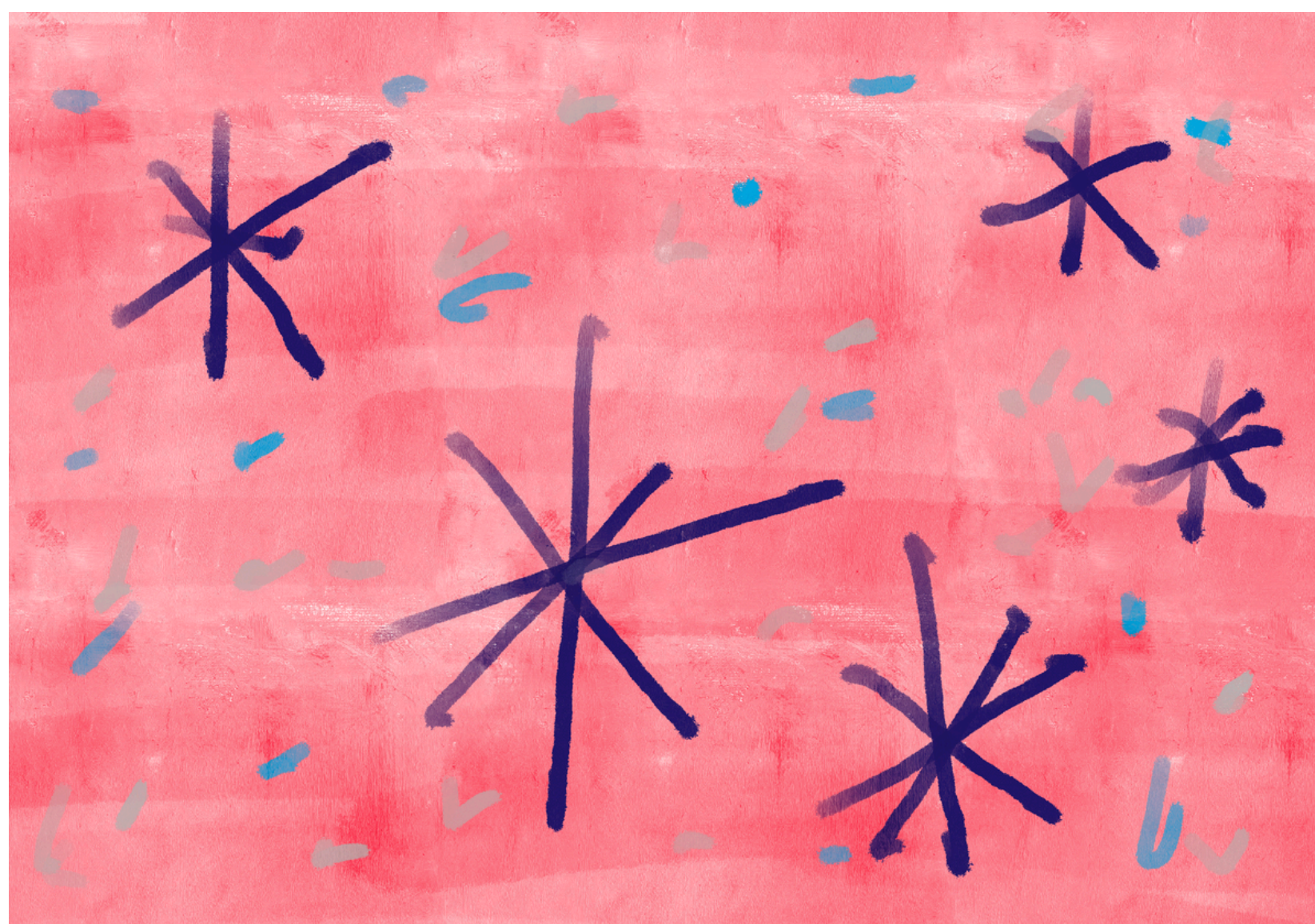
## KS1 QUESTIONS

 What materials will you need to use to make a strong and sturdy set?

 Shine a light on different parts of the set. What do you notice?



# EXAMPLES OF PAINTING A BACKDROP WITH A COLOUR PALETTE





# MAKE A SOUNDSCAPE

**EYFS:** Phase 1 Phonics,  
Expressive Arts & Design  
**KS1:** Music, Design & Technology

There are words in the story that help us to understand what things sound like. These words can help us to imagine what it's like somewhere else and what our different senses might experience.

This is called **onomatopoeia**.

## WHAT YOU NEED

A way of reading *Well Done, Mummy Penguin* (this might be with the book or you could find someone reading the story online).


## **EYFS & KS1 INVITATION**


Find objects around you to make your own versions of these sounds. You could find them inside or outside. Once you've found a good variety of sound makers, read the story and add your sounds!

## **KS1 DEVELOPMENT – DESIGN & TECHNOLOGY**


Find suitable materials to design and build your own instruments to reflect different moments in the story. Can you design some decorations to match the snowy theme?


## **EYFS QUESTIONS**

 What do you hear when you tap or shake your object?

 Can you use your body to make interesting sounds?

## **KS1 QUESTIONS**

 What kind of properties do you need to make a good instrument?

 What might Mummy Penguin be doing if the music was slow?





# MUMMY PENGUIN OBSTACLE COURSE

**EYFS:** Maths, Understanding the World

**KS1:** Maths (Geometry), Art & Design

Mummy Penguin works hard navigating lots of different obstacles in the story to get dinner. She slides down snow, swims in the sea, jumps up from the sea onto the ice; she climbs a steep, slippery cliff and she tiptoes past sleeping seals before jumping on top of them!

## WHAT YOU NEED

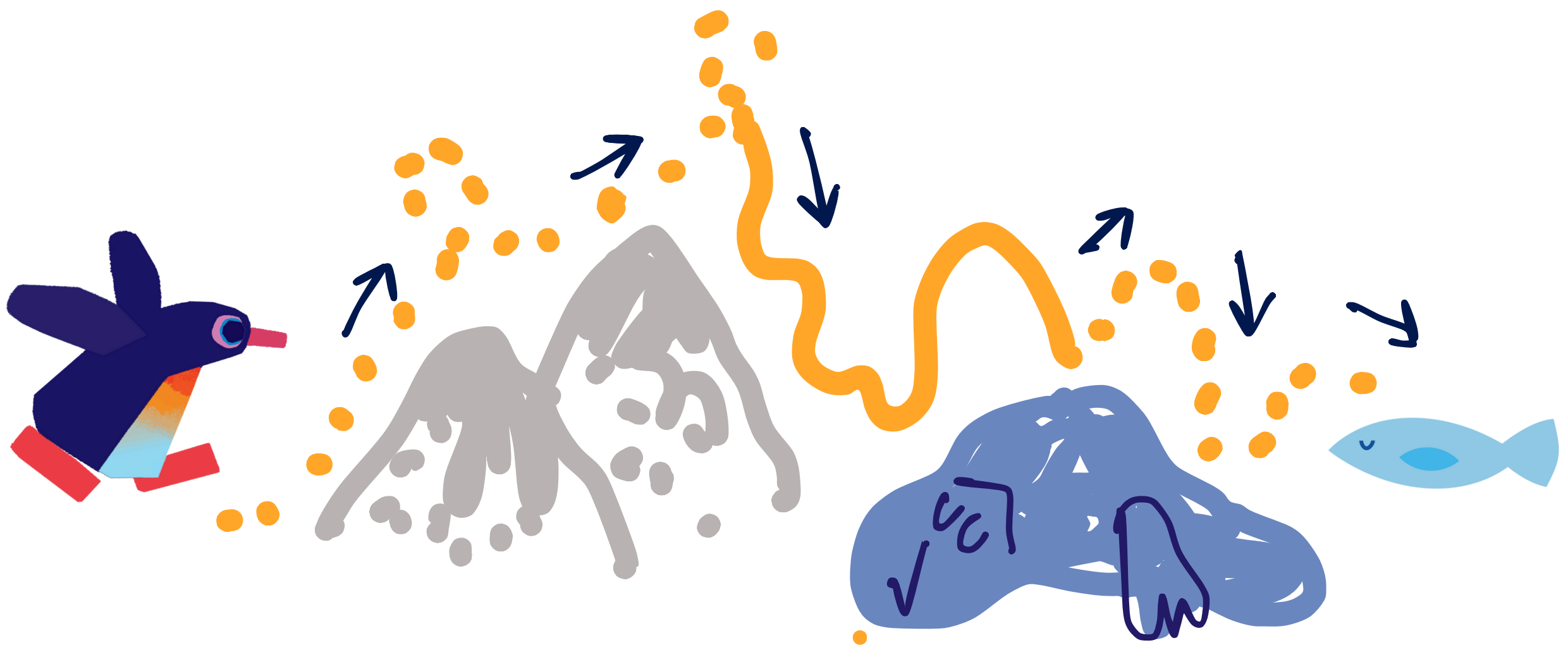
A piece of plain paper, or you could print off the next page  
Pens and pencils

### **EYFS & KS1 INVITATION**


Draw an obstacle course for Mummy Penguin using the challenges in the story for inspiration.


### **KS1 DEVELOPMENT – MATHS**

Think about the shapes you're drawing and the way you'd describe the route using prepositional language.





## EYFS QUESTIONS

 Can you think of any other creatures which live in Antarctica?

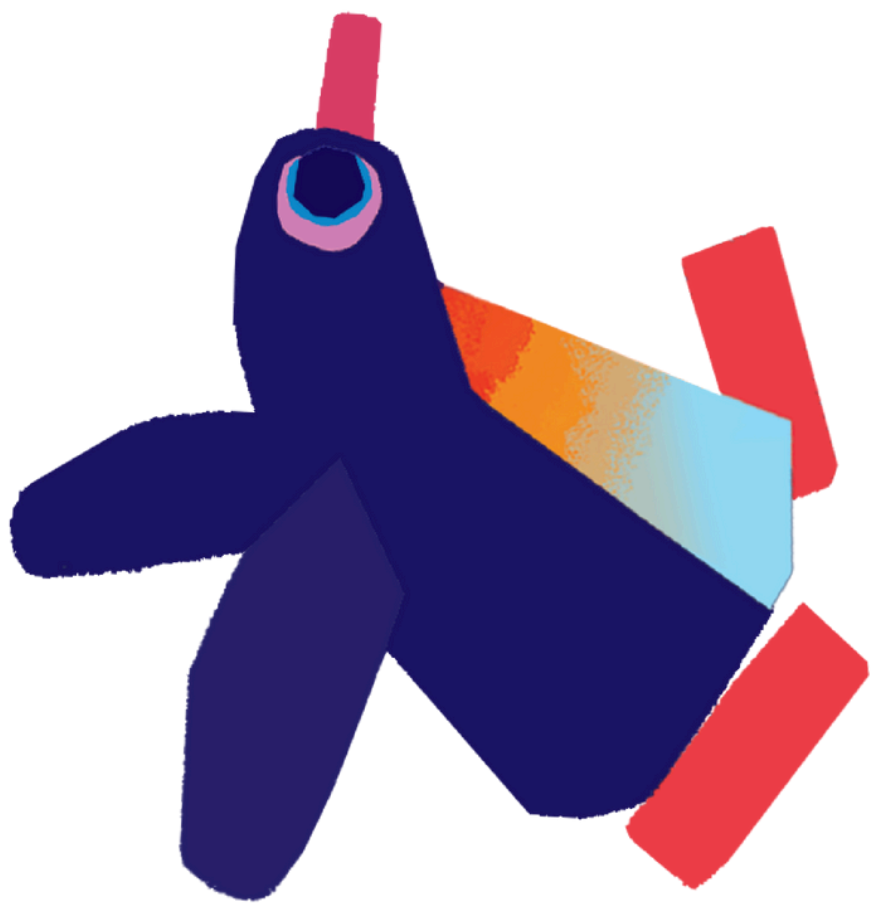
 How can you draw the path for Mummy Penguin to show where she should walk, skid or tiptoe?

## KS1 QUESTIONS

 Are your shapes regular or irregular?

 Why does prepositional language help with directions? What would happen without those words?





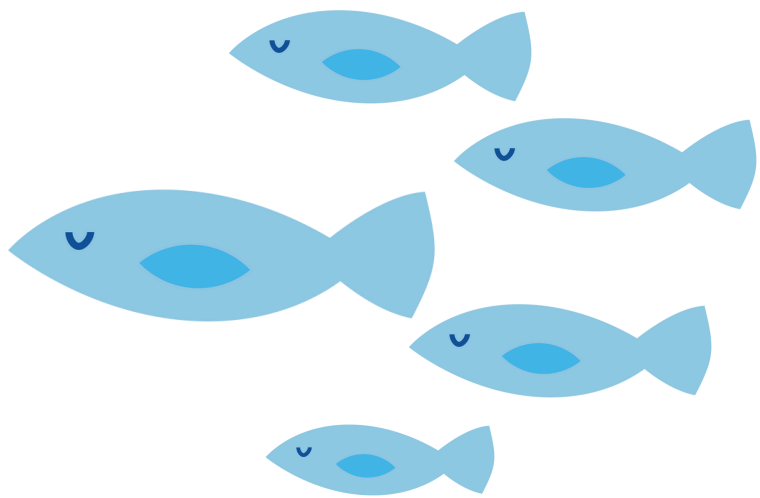
💡 Draw an obstacle course for Mummy Penguin.



# ROLL THE DICE DRAWING

**EYFS:** Mathematics  
**KS1:** Mathematics  
(measurement), Computing

There are lots of interesting things to find in *Well Done, Mummy Penguin*. When you are writing a book, or turning it into a show, you need to spend time wondering about what you need to put where, and how many of these things you need. Most of the time you'll try lots of different versions before you find the perfect combination.



## WHAT YOU NEED

Paper  
Something to draw with  
Dice



## **EYFS & KS1 INVITATION**


Draw a scene using dice to help you decide on the quantity of things in your picture. Decide on something you're going to draw, and then roll the dice to find out how many of that object or animal you're going to draw.


## **KS1 DEVELOPMENT – COMPUTING**

Use a computer or a tablet to make this scene.





## **EYFS QUESTIONS**

 Will you draw everything the same size, or will you make them different sizes?

 What happens if you draw things on top of each other?

## **KS1 QUESTIONS**

 What happens if you change the thickness of the pens?

 How can you show the difference between things that are near and those that are in the distance?



# COLOURING USING A COLOUR WHEEL

**EYFS:** PSED, Literacy, Expressive Arts & Design

**KS1:** Art & Design, Literacy

Artists sometimes use a colour wheel to help them decide which colours to use. Colour wheels can also give you clues about how we can mix some colours together to make different ones.



## WHAT YOU NEED

Paper

3 or 4 colours or paints

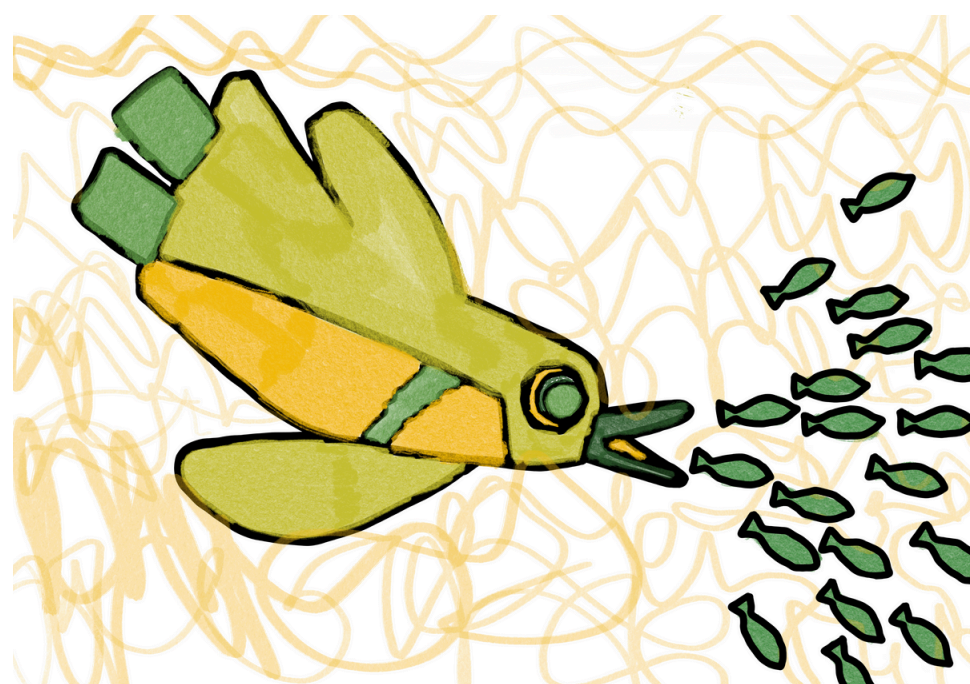


## **EYFS & KS1 INVITATION**


Choose 3 or 4 colours that are next to each other in the colour wheel. Only use those colours to brighten the line drawings on the next pages.


## **KS1 DEVELOPMENT – LITERACY**

Once you've coloured in your picture, write a story with these strange new colours in. Maybe the fish are green because they are made of broccoli. Maybe the water is yellow because it's actually custard!




## **EYFS QUESTIONS**

 How do the colours you've chosen make you feel?

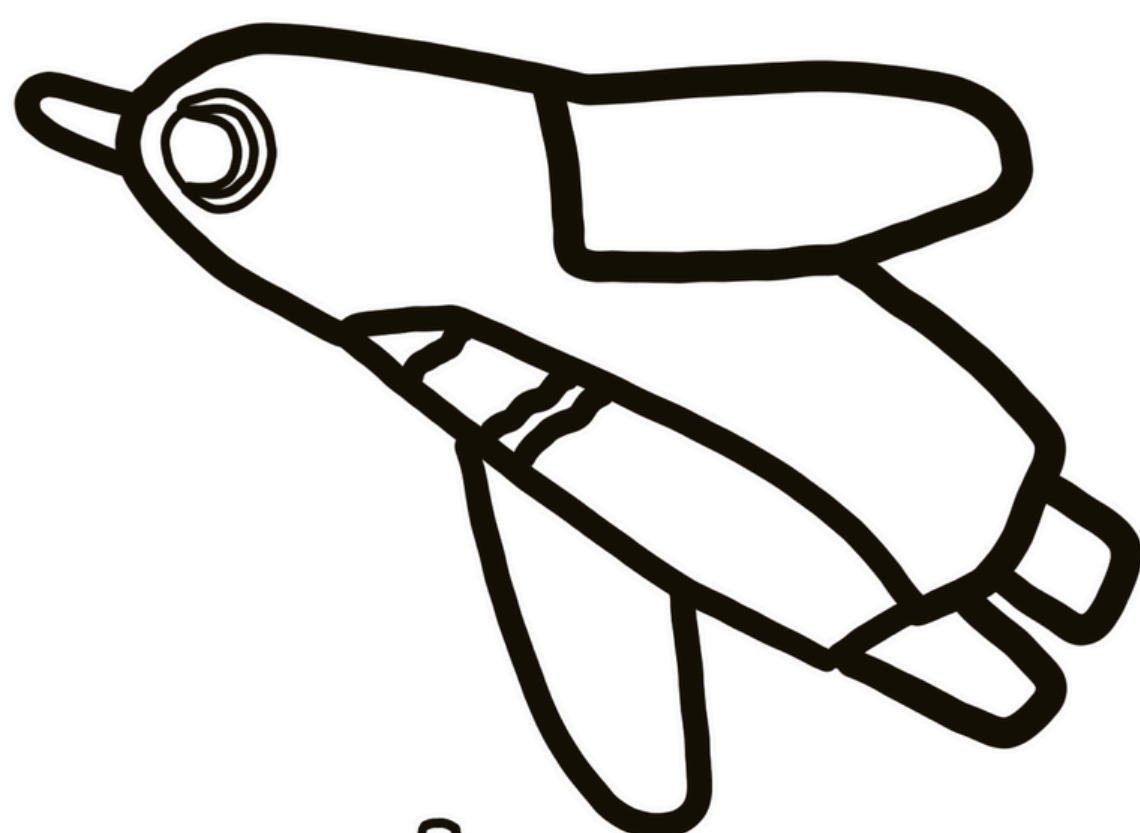
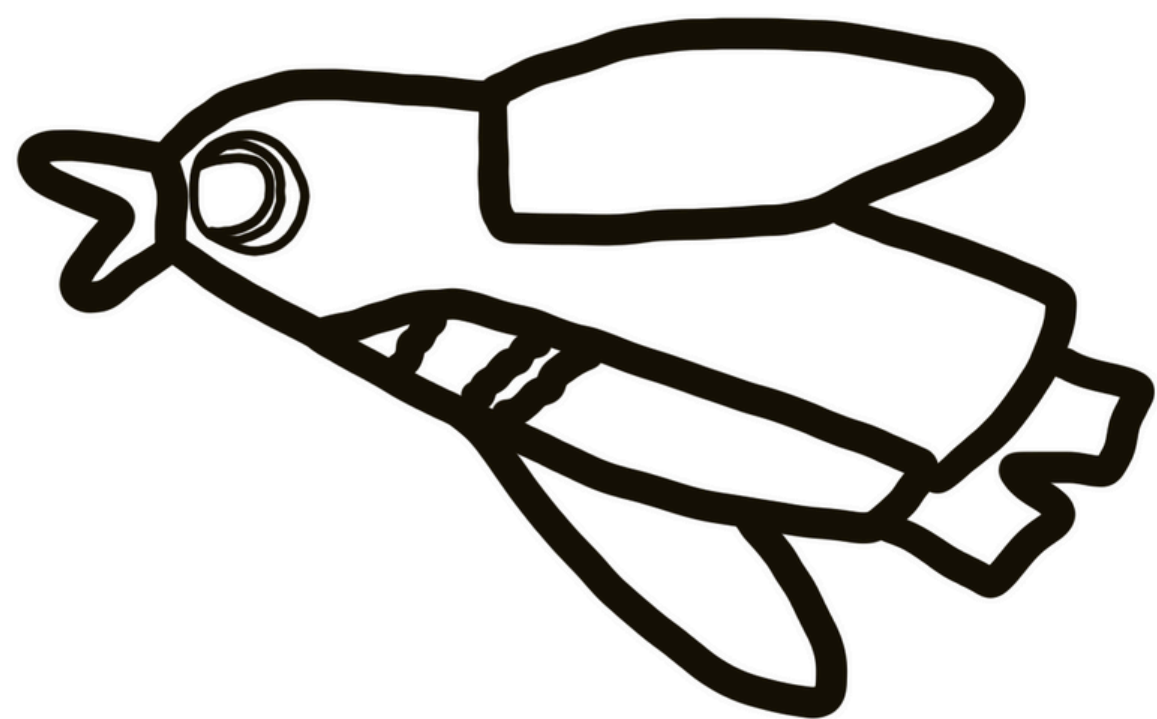
 Are there any colours which make you think about a specific place or object?

## **KS1 QUESTIONS**

 Why are things such unusual colours in your picture? What happened to them?

 What's the difference between an author and an illustrator?

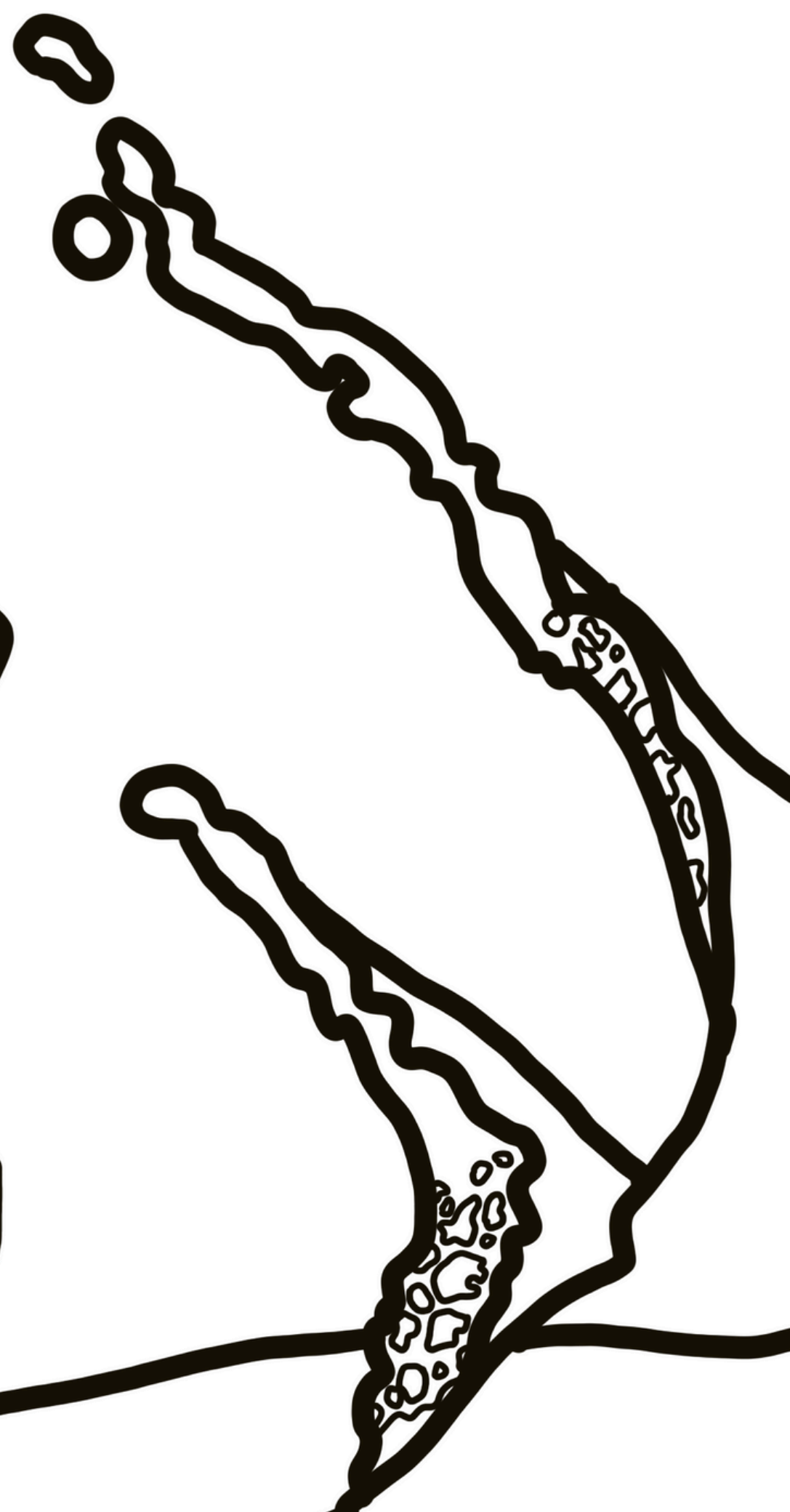




whoosh

whoosh

whoosh



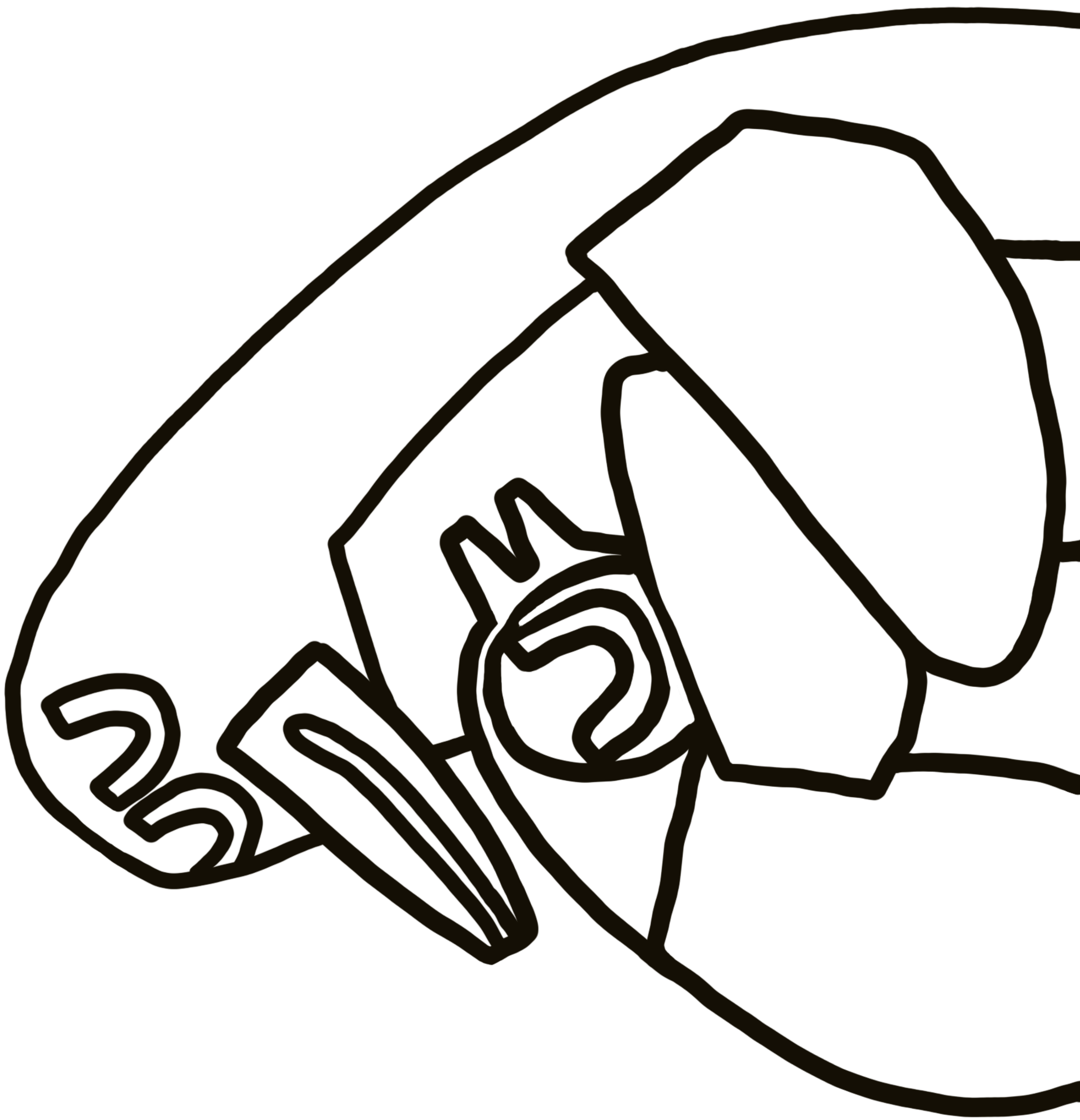














# MUMMY PENGUIN COLLAGE

**EYFS:** Physical Development,  
Communication & Language  
**KS1:** Literacy, Art & Design

Mummy Penguin moves her body in different shapes depending on what she's doing. She needs her feet and flippers to be in specific positions to help her to move. This is just like you! When you do different things, your body parts turn, twist, stretch and bend to help you.



## WHAT YOU NEED

A copy of Mummy Penguin's  
body parts ready for cutting  
out (on the next page)

Scissors and glue

Pens or pencils for drawing

## ✈️ **EYFS & 💡 KS1 INVITATION**

Cut out the different body parts of Mummy Penguin and stick them down to show what you'd like her to do. You might like to show her doing something in Antarctica, or something closer to your home!

## 💡 **KS1 DEVELOPMENT – LITERACY**

Write a story about Mummy Penguin's adventure using your collage to begin to develop your ideas. You can use the writing frame for this.

## **EYFS QUESTIONS**

✈️ How might Mummy Penguin be using her body parts if she was at a party?

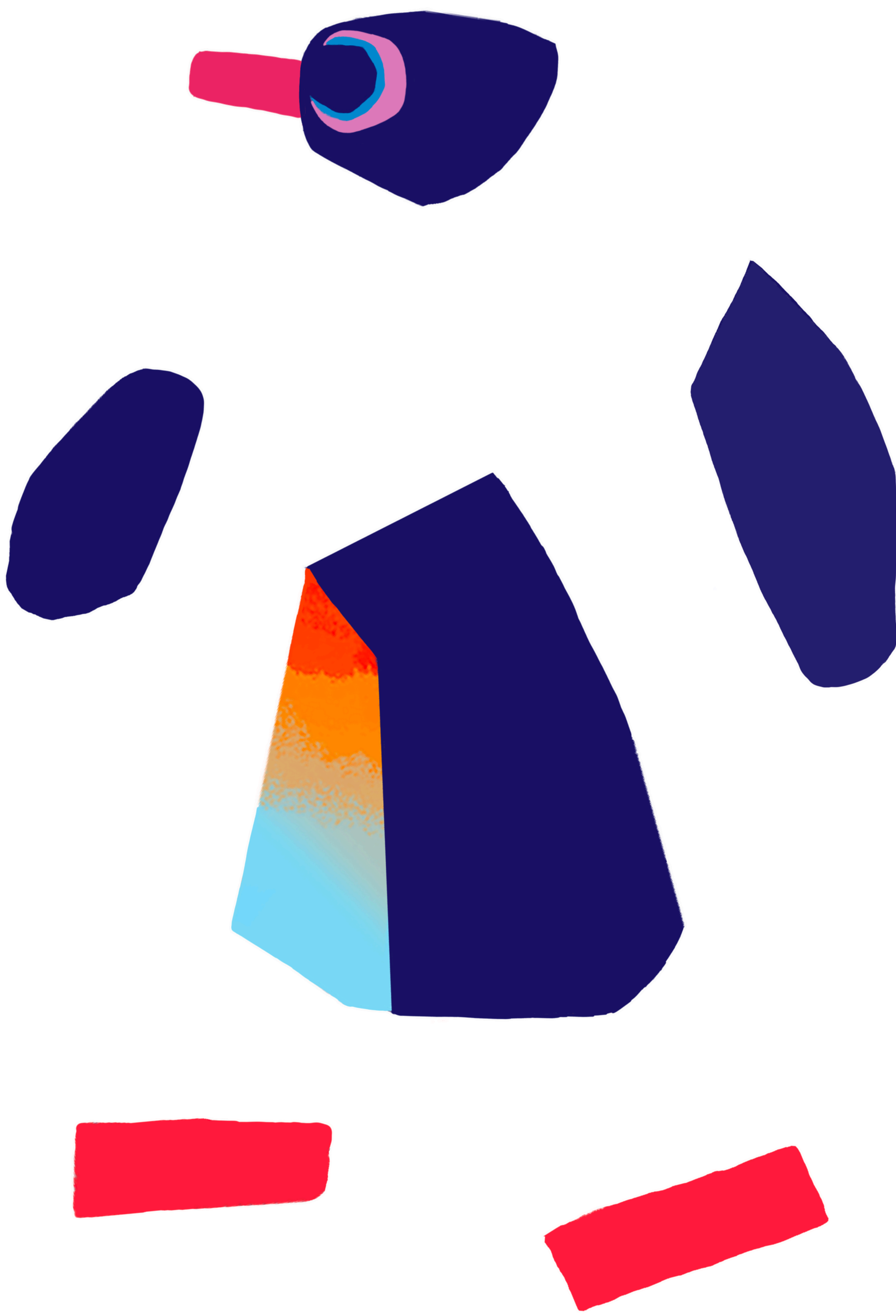
✈️ How might she look if she was eating her dinner?

## **KS1 QUESTIONS**

💡 Can you use onomatopoeia in your writing?

💡 How can you use descriptive language to help your readers imagine how things smell?









**Can you write a story about your Mummy Penguin? What does your collage show her doing?**

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



# SNOWY JUNK MODELLING

**EYFS:** Mathematics, Physical Development

**KS1:** Design & Technology, Geography

Mummy Penguin's habitat has a varied landscape. Some parts are incredibly high and pointy. Other parts are much flatter and smooth. There is also the ocean, which can look bumpy and wobbly.



## WHAT YOU NEED

A variety of cardboard boxes, plastic tubs and any other treasures that would otherwise be heading for recycling!

Glue, sticky tape and paint

Anything else to add interest and texture, e.g. rice, lentils or tin foil


## **EYFS & KS1 INVITATION**


Make a 3D version of Mummy Penguin's home using junk modelling. Find pieces to help you to show cliffs, ice sheets and the ocean too.

## **KS1 DEVELOPMENT – GEOGRAPHY**

Research key physical features in Antarctica and ensure they are represented in your model.


## **EYFS QUESTIONS**

 What do you notice when objects are close together or far apart?

 How do shapes change when you cut or rip them?

## **KS1 QUESTIONS**

 Which geographical features might be good for jumping and sliding?

 Where might penguins shelter from the wind?



# FISHY DINNER PLANNING

**EYFS:** Communication & Language,  
Understanding the World

**KS1:** Literacy, Science

Mummy Penguin works incredibly hard to bring food home for her family. Did you know that penguins feed their chicks by eating fish, storing it in their stomach, digesting it a little and then regurgitating it later when their chicks are ready to eat? It doesn't look much like fish any more, but it is much easier for a little penguin to eat.



## WHAT YOU NEED

Paper

(or you could use the frame on the following page)

Something to draw and write with

A fantastic imagination!



## ✈️ **EYFS & 💡 KS1 INVITATION**

Design a delicious fishy buffet for Mummy Penguin and her family. Think of things you normally eat at home and make them fishy! You might like to offer gloopy fishy crumble with a crunchy fish-scale topping, slathered in blue fish custard. Yummy!

## 💡 **KS1 DEVELOPMENT – SCIENCE**

Research what penguins eat. You already know they eat fish, but can you be more specific? Once you know, add those fish to your buffet! Make sure you add some brilliant descriptive writing to help the penguins understand what you're offering them.

## **EYFS QUESTIONS**

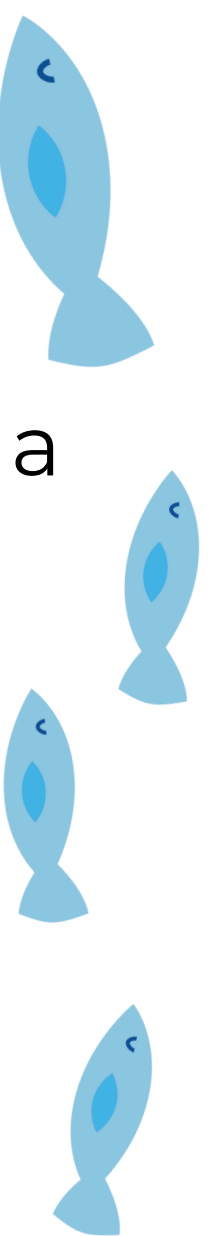
✈️ Why can't Little Penguin go and fetch their own food?

✈️ How would you make a cake for Little Penguin's birthday?

## **KS1 QUESTIONS**

💡 Think about the texture of your buffet. Will it suit adults and chicks?

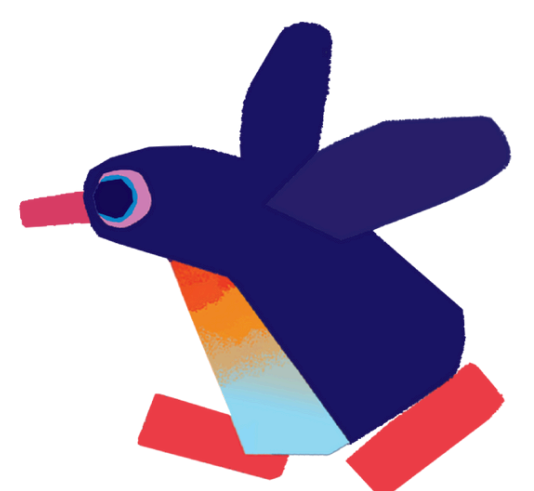
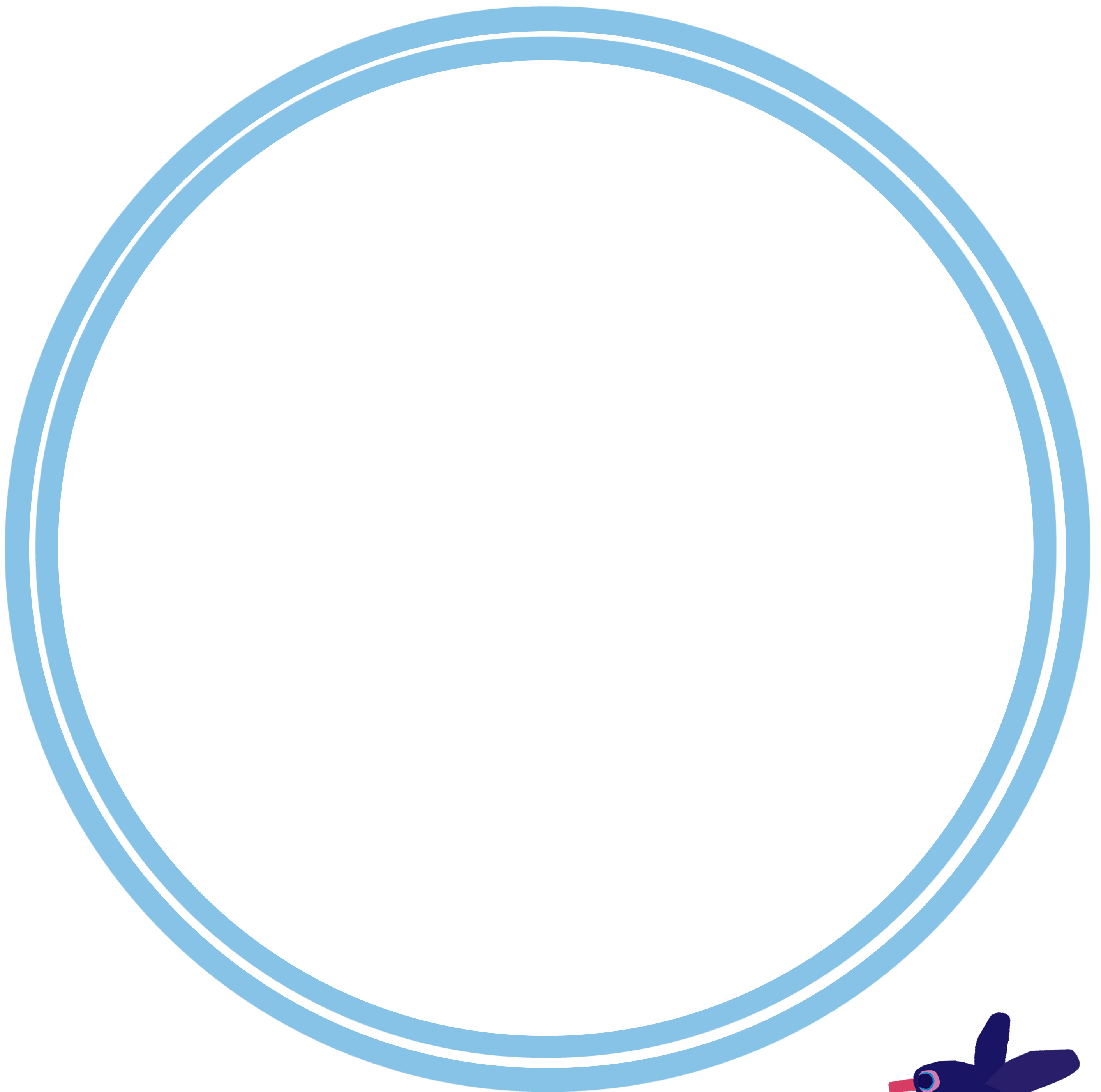
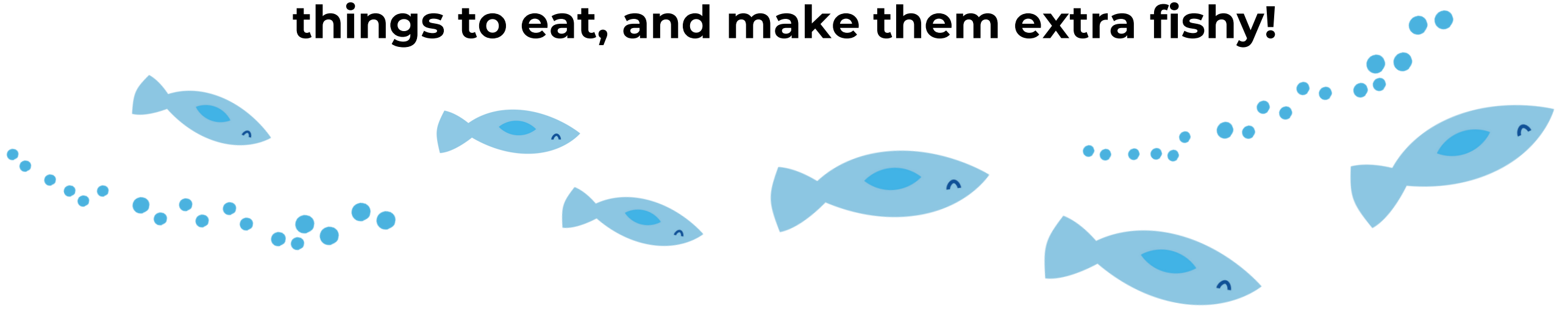
💡 Do you think your buffet would be good to feed a real penguin?





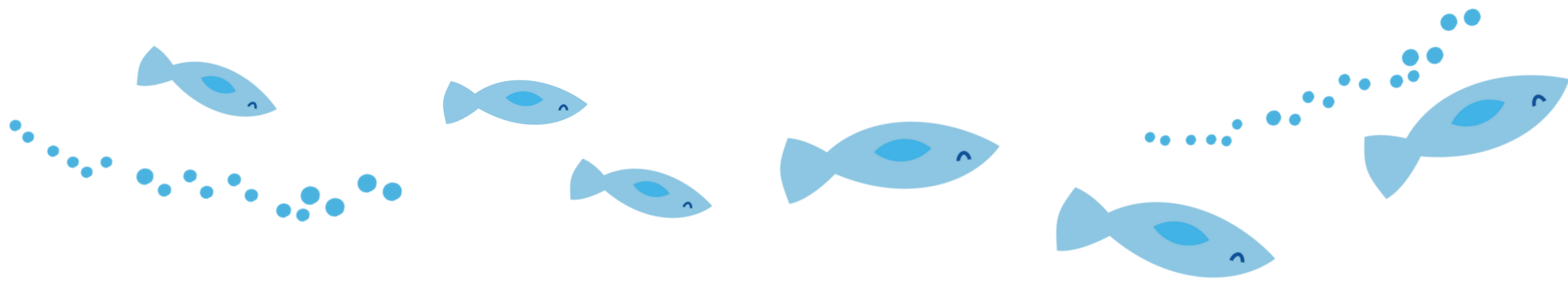
# FISHY DINNER

Can you draw a delicious fishy dinner on the plate below for Mummy Penguin and her family? Maybe you could think of your favourite things to eat, and make them extra fishy!



# FISHY DINNER

**Can you write about the delicious fishy dinner you've designed for Mummy Penguin and her family?**

[illegible]





# HAVE YOU MADE SOMETHING SPECTACULAR?

We'd absolutely **love** to see it!

Take a picture or video of what you've been making  
and share it with us on Instagram for a chance to win  
tickets to one of our shows.

@Cant\_Sit\_Still\_Theatre



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