

CONTENT & AFTER CARE PACK









CONTENT

- Content & trigger warning
 About FAMILY TREE
- 3. Helpline & Support services
- 4. Inspired by & special thanks



Content & Trigger warnings

FAMILY TREE contains some themes that some people may find difficult.

Content warnings:

Age guidance: 14+

Content warning: strong language

Trigger warnings: contains discussion (but not depiction) of non-consensual medical experiments on Black women and children. This play discusses cancer

If you're affected by the show's themes and need support, or just want someone to chat to, you can call Samaritans on 116 123 any time 24/7 for free.

If you prefer to text, the UK has a free 24/7 service: just text SHOUT to 85258.

ABOUT FAMILY TREE

FAMILY TREE is a beautifully poetic drama about race, health, the environment, and the incredible legacy of one of the most influential Black women of modern times. Fearlessly honest, hilarious, and ultimately transformative, this award-winning play is both a remembrance and a celebration.

Henrietta Lacks is one of most remarkable people in medical history. Her cells form the basis of the most important medical research and breakthroughs happening today, from cancer to HIV, the Polio Vaccine, the Human Genome Project and even COVID.

But Henrietta never knew any of this. Her cells were taken without her or her family's knowledge or permission.

Henrietta was a Black woman: she is not the only one whose body has been exploited by the medical establishment.

Denied her place in history, now is the time for Henrietta's incredible legacy to undergo a transformation ... to blossom and grow into something new and wonderful.

Also featured in the play are Anarcha, Betsey and Lucy, three enslaved African-American women who have subject to experiments by Dr J Marion Sims, the so-called 'father of gynecology', whose work was celebrated by the medical establishment in the 19th Century, but is now regarded as hideous and cruel. The statue of Sims in New York was removed in 2018.





Keziah Joseph



Aimée Powell



Aminita Francis



HELPLINE & SUPPORT

(L) Keziah Joesph (R) Mofetoluwa Akande

SUPPORT | WEBSITES

The Black, African and Asian Therapy Network

A directory of therapists of Black, African, Asian or Caribbean heritage

Black Minds Matter

connects Black individuals and families to free mental health support provided by Black therapists

Rethink

Black Asian and Minority Ethnic (BAME) mental health (rethink.org) Black, Asian and Minority Ethnic (BAME) mental health

BAME students' mental health support

Mind Black, Asian and Minority Ethnic students' mental health support

Women's Aid

Supporting women who experience physical, emotional or sexual violence in the home.

The Helen Bamber Foundation

Working with survivors of torture, wars, genocides, sex trafficking, slavery and extreme domestic violence; plus gender and sexuality-based persecution.

The Lullaby Trust

Offering support to be reaved parents if a baby dies suddenly and unexpectedly.

Cancer Research UK

Cancer Research UK offer reliable, easy to understand information to anyone affected by cancer. Cancer information nurses are available via the helpline.

Black Lives Matter

Help & Support page contains helplines and support services nationally on various subject matters. This link will be able to give your organisation ideas of groups to reach out to develop new audiences.

CONTENT & AFTER CAREPACK

INSPIRED BY

& special thanks

- Clean Break's production of *Typical girls* by Morgan Lloyd Malcolm - <u>Self Care guide</u>
- Royal Court's production of *For Black Boys who considered* suicide When The Hue Gets Too Heavy by Ryan Calais Cameron <u>Self Care guide</u>

Special Thanks



Wabriya King,
Production Dramatherapist
who has supported the company of FAMILY TREE