## **Consumed Content Warnings**

Consumed has an age guidance of 14+. It contains scenes of violence, strong language/swearing, haze, flashing lights and distressing or potentially triggering themes.

These include scenes with references to, or depictions of the below:

- Eating disorders
- Death by suicide
- Mental illness
- Substance abuse, alcoholism
- Spousal/familial abuse
- Gagging/vomiting
- The impact and trauma of Irish and Northern Irish history, including the famine and the Troubles
- Discriminatory/hateful language directed at religious groups
- Food will be used and consumed by the actors in the show
- For those with allergies or aversions, latex balloons are also used as props